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We welcome our readers to this first-ever publication of our in-house magazine, which is designed solely for you, the shopper, to engage and interact with us all at Arundel Village.

Our Shopping Village grew, as perhaps many will remember, from humble beginnings. The original old buildings housed Colcom, which traded as "The Pork Shop", and a nursery school. There were also a cobbler and tailor, who operated from under a large shady tree. We kept the old with the new and today we still have the same cobbler and tailor but they now operate in modest brick and mortar premises in the Village.

From small beginnings and through hard team work, dedication and positive foresight, we have managed to build up a vibrant, one-stop shopping centre. Through this initiative we have not only invested in the future, but have created employment and provided services and opportunities for many Zimbabweans who hail from all different walks of life.

Our vision is to continue to grow, and, together with all our stakeholders, to ensure that Arundel Village is not just a shopping centre but a destination not to be missed and a true "shopping experience".

The Village boasts some 90 tenants, who offer a large variety of goods, whether you are just going to the supermarket run at Pick n' Pay, looking for school uniforms at Glen Abbey, or simply wish to sit and enjoy a coffee in the serenity of the Village. We can now offer a selection of eateries ranging from the Greek Café Nion in the Mall, the intimate and secluded Belgian Café Veldemeers, which is next door to Mr. Chris' nursery across the road at Arundel Village East, to Alo Alo on the western side of Arundel Village which boasts a happy, lively atmosphere in a beautiful Zimbabwean garden.

There is also a selection of big brand names to choose from, such as Apple, Lego, TV Sales & Home, Vincenzo Valli, Arundel Pharmacy, Tudley Butchery, Mark Manolios Sports and the Mocambiquean resort shop "Archipelago", and many more shops whose doors are always open with friendly staff to assist. Come and visit! Discover our beautiful gift shops, travel agencies, beauty spa, hair dressers, fabulous clothing stores, and much more. There are more brand names coming to join us, so keep in touch on Face Book or via the web, and look out for our next issue of the Arundel Village Experience magazine or simply subscribe on email.

Happy days and happy shopping!



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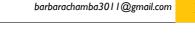
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## EAT LIKE A GREEK

With Café Nion | by Lydia Smith

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8am to 3pm Sat - Sun

In the past few years, the Greek island Ikaria has become a stomping ground for journalists and scientists, all attempting to solve the mystery of the long lifespan of the residents - many of whom make it to over 100 years old! This longevity has been put down to what has become known as the Mediterranean Diet, which has been linked to lowering the rates of cancer, obesity and more recently heart disease. Of course what makes this even more of a persuasive diet to follow is that is it delicious!

Café Nion, the most recent gastronomic addition to the burgeoning Arundel Village Shopping Centre, is a nirvana for people following the Greek Mediterranean diet - and for those who just want some delicious, well-priced food.

Whether it is traditional dolmades, (stuffed grape vine leaves), souvlaki, (small marinated tender pieces of meat on a skewer), spanakopita (spinach enveloped in a filo pastry pie), tzatziki (a velvety dip made out of strained yoghurt, cucumber and garlic) or something from the pastry counter; kourabiedes (light almond shortbread), melomakarona (cookies with honey and walnuts)

WHEN A MAN'S
STOMACH IS FLILL
IT MAKES
NO DIFFERENCE
WHETHER HE IS RICH
OR POOR.

or baklava (a rich pastry made with layers of filo filled with nuts and honey), Café Nion delivers the perfect spread.

The café is run by Zimbabweans of Greek origin, a mother and son who have managed to weave together a truly authentic spot to enjoy a taste of Greek cuisine and meet old and new friends. For those of you who have not experienced their traditional mouthwatering meze boards, and delicate pastries, Café Nion offers you a very different culinary understanding. Why not try some deep fried crumbed haloumi cheese and squeeze a little fresh lemon over it before you eat it, which is

traditionally Greek – uuuuummmmm a tantalizing epicurean experience indeed!

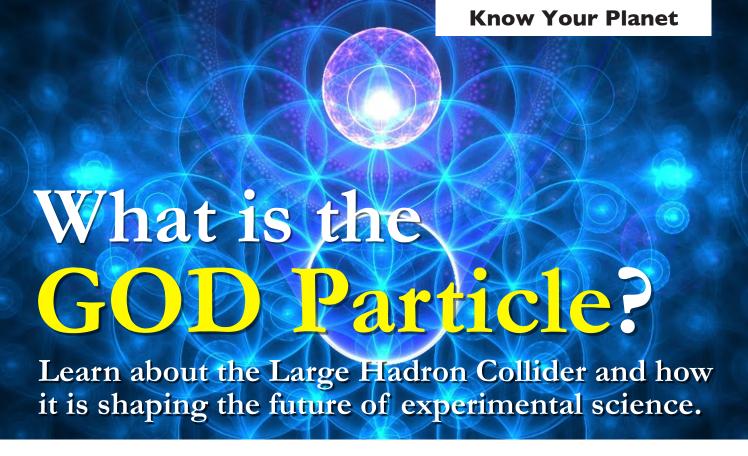
Don't forget summer is around the corner, and you can expect to see a slight change in their menu. Be sure to sample a frappe, a foam covered iced coffee drink made from instant coffee and drink it like the Greeks do – over a leisurely period of even a couple hours with a friends. Come in and find out what their freddo expresso is all about.

For those brave enough, grab a traditional Greek coffee with a kourabiede which will inject you with plenty of energy to start your day!









If you were to dig a hole 300 feet straight down from the center of the charming French village of Crozet, you'd pop into a setting that calls to mind the subterranean lair of one of those James Bond villains. A garishly lit tunnel ten feet in diameter curves away into the distance, interrupted every few miles by lofty chambers crammed with heavy steel structures, cables, pipes, wires, magnets, tubes, shafts, catwalks, and enigmatic gizmos.

This technological netherworld is one very big scientific instrument, specifically, a particle accelerator - an atomic peashooter more powerful than any ever built. It's called the Large Hadron Collider (LHC), and its purpose is simple but ambitious: to crack the code of the physical world; to figure out what the universe is made of; in other words, to get to the very bottom of things.

Inside the LHC, two beams of particles will race in opposite directions around the tunnel, which forms an underground ring 17 miles in circumference. The particles will be guided by more than a thousand

cylindrical, supercooled magnets, linked like sausages. At four locations the beams will converge, sending the particles crashing into each other at nearly the speed of light. If all goes right, matter will be transformed by the violent collisions into wads of energy, which will in turn condense back into various intriguing types of particles, some of them never seen before.

That's the essence of experimental particle physics: You smash stuff together and see what other stuff comes out.

Those masses of equipment spaced along the tunnel will scrutinize the spray from the collisions. The largest, ATLAS, has a detector that's seven stories tall. The heaviest, CMS (for Compact Muon Solenoid), is heftier than the Eiffel Tower. "Bigger is better if you're searching for smaller" could be the motto at the European Organization for Nuclear Research, better known by its historic acronym CERN, the international laboratory that houses the Large Hadron Collider.It sounds scary, and it is. Building the LHC in a tunnel

was a prudent move. The particle beam could drill a hole in just about anything, although the most likely victim would be the apparatus itself. One minor calamity has already happened: A magnet all but jumped out of its skin during a test in March 2007. Since then 24 magnets have been retrofitted to fix a design flaw. The people running the LHC aren't in a rush to talk about all the things that can go wrong, perhaps because the public has a way of worrying that mad scientists will accidentally create a black hole that devours the Earth.

The more plausible fear is that the collider will fail to find the things that physicists insist must be lurking in the deep substrate of reality. Such a big machine needs to produce big science, big answers, something that can generate a headline as well as interesting particles. But even an endeavor of this scale isn't going to answer all the important questions of matter and energy. Not a chance. This is because a century of particle physics has given us a fundamental truth: Reality doesn't reveal its secrets easily.









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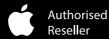
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# How to Choose a new TV with TV Sales & Home

Smart TV. LED. OLED. 4K. HDR. The world of TVs is looking better every day, but also more confusing. Today, there's a ridiculously wide array of high-definition (HD) and 4K Ultra HD sets in stores, from bargain big screens to high-end displays that can cost as much as a car.

We at TV Sales & Home have created this TV buying guide that can help you make the right choice.

#### What size TV should I buy?

With the TV market continually shifting towards larger screens, it's now hard to get a top quality set smaller than 40-inches in size. However, bear in mind that with TV bezels (the frame around the screen) shrinking, larger sets might not be as big as you think. If space is tight, a huge TV simply might not fit where you want to place it.

#### How much will I need to spend?

TV prices can start at under \$300, but go into the many thousands for huge screen models. It's best to decide on your budget before you hit the shops or go online, but with TVs now offering better value than ever, you may get more for your money than you expect. The good news is that you can now get a great TV regardless of your budget.

## How do I choose the best TV brand?

There are loads of TV brands all vying for your attention and money.

However, the majority of people will buy a TV from one the 'big four' TV makers -Samsung, LG, Sony and Panasonic. Samsung is the market leader in TVs, followed closely by South Korean rival LG, and both have huge ranges going from cheap TVs to super-premium, big screen sets costing thousands of dollars. Sony and Panasonic have comparatively smaller ranges, but still have plenty to offer in terms of quality. Aside these four TV giants, there are various fringe brands, such as Toshiba, Sharp and Philips, who have all seen their fortunes rather fade in recent years. Finally, a big chunk of the market is taken up by cheap TVs from the supermarkets and own brands, such as ZLG. These TVs generally have low price tags, but usually lack quality when we test them.

#### Should I go for HD or 4K?

High definition TVs have been around for a while now and they come in two flavours. HD-Ready TVs are cheaper than ones marked Full HD, or HD Ready 1080p. Both can handle broadcast HD television, but it's

best to go for a Full HD set if you can as that means you'll also get the best out of Blu-ray films. A new breed of TV is now available to buy with 4K, or Ultra HD (UHD), resolution. 4K TVs have four times the pixels of Full HD models, and so can display even more detailed and vibrant pictures. There's not much 4K content to watch, but a good 4K TV should enhance your regular viewing, too. Consider going 4K if you're upgrading, with good 4K TVs now available at TV Sales & Home.



## Are curved screens worth the money?

In the last few years, televisions with concave curved screens have started to emerge firstly on high-end premium TVs but gradually filtering down to more affordable models. Manufacturers claim that curved TVs can enhance your viewing experience by 'wrapping' the picture around you, a bit like watching a film at the IMAX cinema. However, our expert and independent testing has indicated that the curved effect is minimal at best, and is only really visible if you sit dead straight on while watching the screen (something most people rarely do). Curved TVs still can perform well in our lab overall, but think carefully before buying if one is right for you. Bear in mind, too, that if you want to wall mount your TV, a curved model won't sit as flush as a flatscreen will. Plus, a curved screen can look a bit odd, or even warped, when viewed on an angle.

For additional information as well as a range of quality television sets, visit our store at Arundel Village.

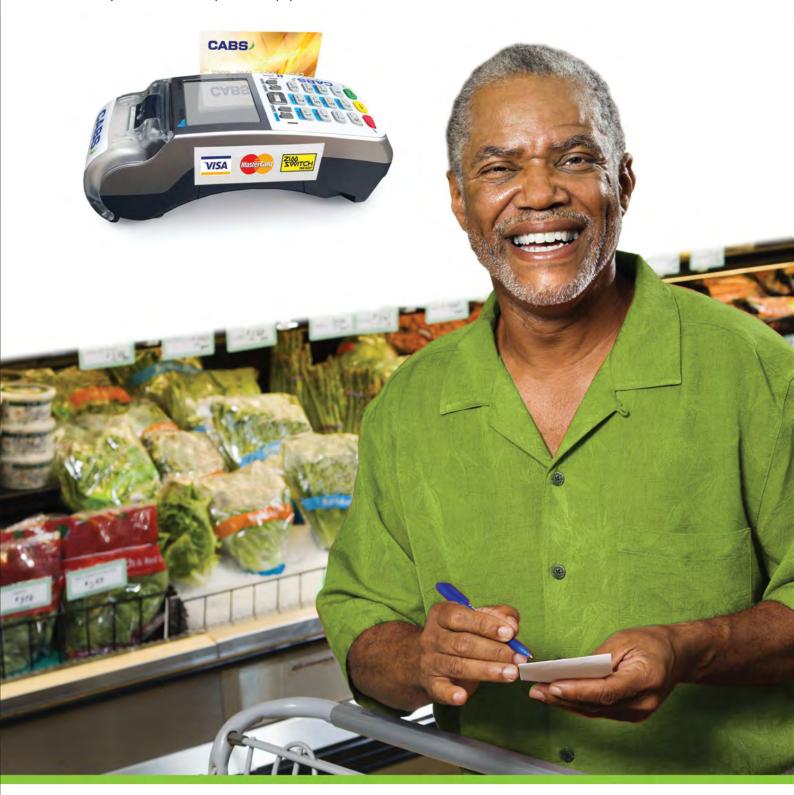
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# Arundel Village's JACKIE!

Jackie Mgido is an internationally acclaimed make-up artist, hairstylist and business woman with an extensive resume that runs the gamut of editorial and print to film and television productions. Connect with her brand on Instagram, Facebook and Twitter @VaultCosmetics.

## By Stephanie Kapfunde @enthuseafrika

As a young girl, Jackie Mgido was forbidden to wear makeup by adults around her, as this was viewed as unnecessary distraction from academic pursuits. As a result, she cleverly crafted a way to wear it inconspicuously. Little did anyone know, including herself, that this was the element upon which her now Powerhouse beauty brand 'Vault Cosmetics' was founded upon.

While growing up just outside Harare, the idea of working in Hollywood was a faraway dream, both literally and figuratively, but with faith and an elaborate imagination, the USA looked very possible. After a move to St Louis, the options there did not provide any means to pursue this dream. However, with sheer determination Jackie worked several odd end jobs including a nanny, a maid, and a restaurant host.

A few years later Jackie took a chance and enrolled in a prestigious makeup school in Hollywood, California. She did a Master's Program in Beauty and Special Effects. After graduating, she continued to hone her skills as a makeup and hair stylist and began to land some of Hollywood's elite as her clients. Jackie's career has since catapulted and manifested into an exciting journey seeing her developing her own line under Vault Cosmetics.

Vault Cosmetics' ascension into the Zimbabwean market and beyond has been swift and impossible to ignore with terms like 'Vaulted' on social media celebrating the artistic excellence Jackie has worked so hard to attain and maintain. Naming Jackie Mgido as a Zimbabwean success story is simply a necessity and here's why - our brief yet illuminating chat with the rising African Entrepreneur.



current affairs..."



"My 'aha!' moment was when somebody told me it would be difficult for somebody like me to start a business especially in Africa, and in Zimbabwe. Right there and then I knew I had to do it... because I am an artist I spent my life being told I was dumb and I can't do it but I knew deep down that God didn't make a fool..."

















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Pop by for a coffee, a glass of wine in the quaint bar or linger over lunch or dinner - Alo Alo really is a gastronomic wonderland for everyone to enjoy!

When you walk towards the entrance of Alo Alo, a sign welcomes you; "Our Special of the Day is You" – and when it comes to this delightful restaurant, nestled in the heart of Arundel Village, this is entirely true. The menu is a delicious and exciting tour of the world- from Indian curries to French delicacies to flavoursome German hearty fair, there is something for everyone.

The amazing creators of this delightful establishment are Adrian and Lesley Orford- the real reason behind the restaurant's name- who offer a unique dining experience in stunning surroundings. Whether you sit inside, taking in all the charming and unique novelty items collected throughout Lesley's life, or in the delightful garden- Alo Alo never fails to deliver an exceptional and memorable experience.



Lunch Special Menu 7 days a week 3 courses \$16.00-\$20.00

Dinner Special Menu 7 days a week \$20.00-\$25.00

We accept both local and international bank cards



## **OPENING TIMES**

Mondays : 9AM to 2:30PM
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What is Shabby Chic









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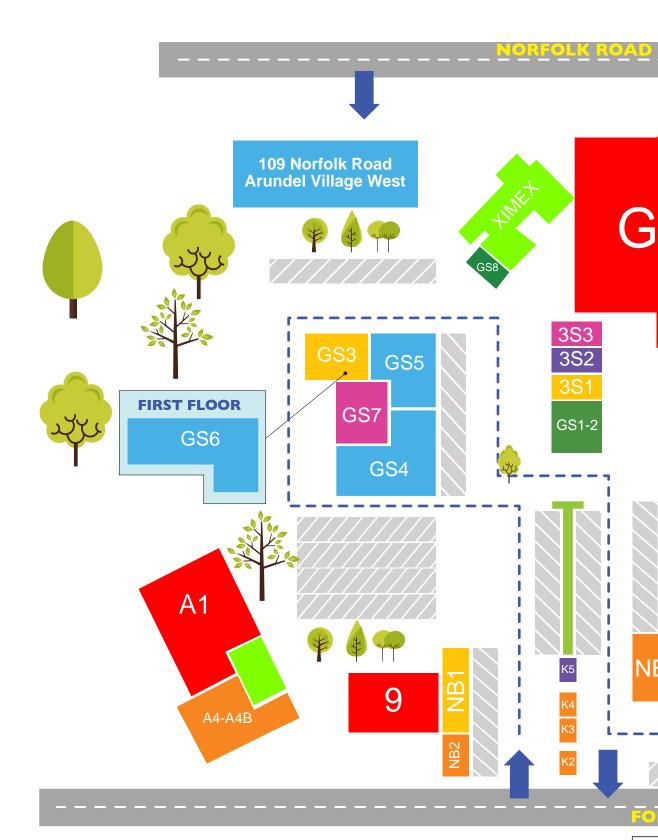
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## **GROUND FLOOR**

# **ARUNDEL VILLAGE**STRUCTURAL MAP

Please refer to directory for colour codes and shop contacts.

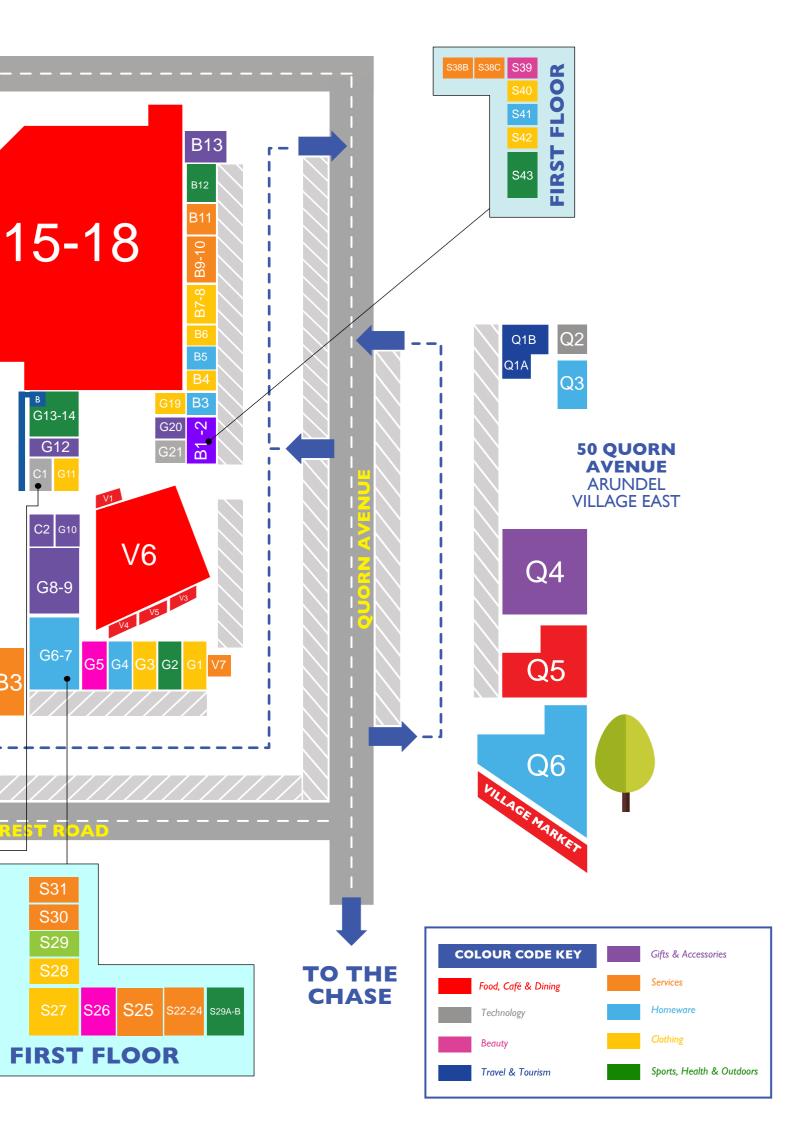
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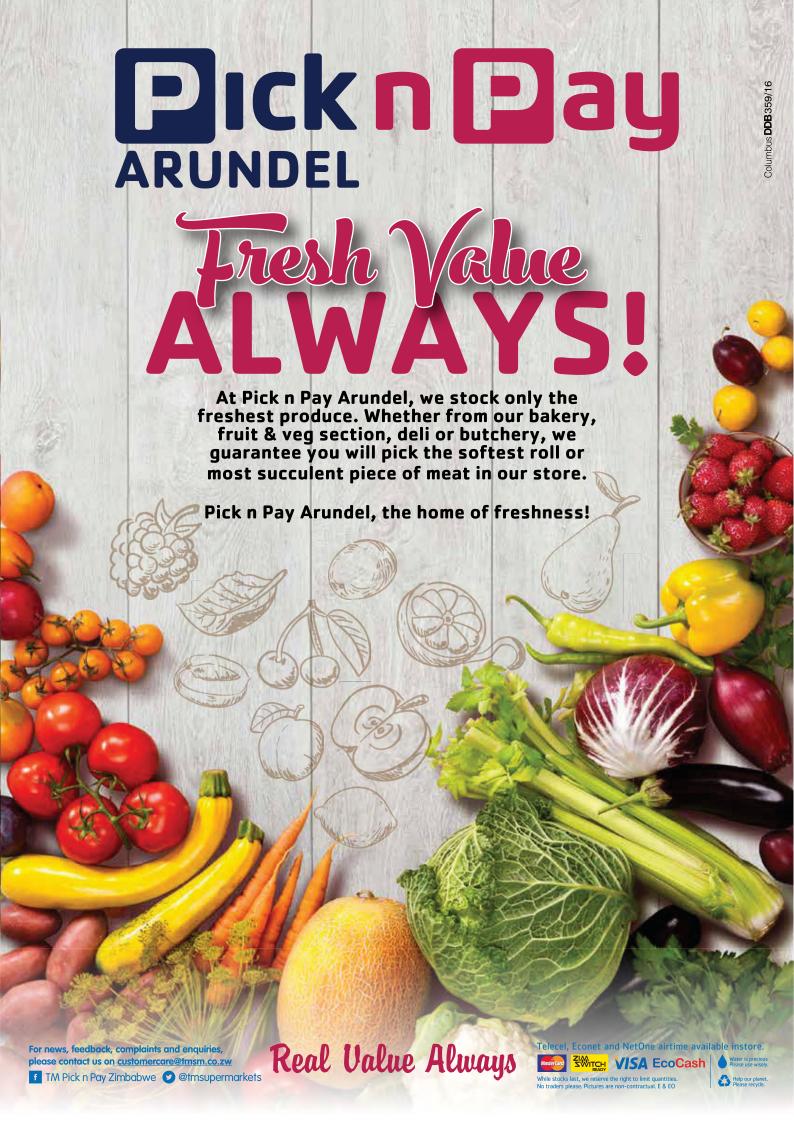


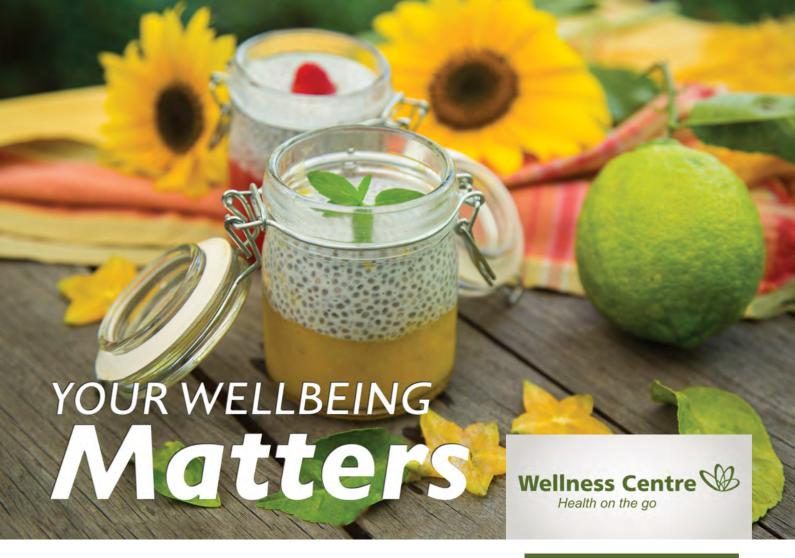












In Zimbabwe in recent years there has been a shift of how we view our lifestyles and what effect they may have on our health. People have begun taking an interest in their well being - and what alternatives may be available to them.

At Wellness Centre we have you covered. We are a health store which provides you with all you need to achieve a state of well-being. We have a wide selection of products that include plant-based, natural, organic and toxic free food stuffs, toiletries and detergents.

We want to help you with your requirements - whether you are lactose intolerant, gluten intolerant or suffer from diabetes. We have many food options available and we are a one stop shop. It is our aim that we can source any product that will make you feel better.

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## **Health Tip**

If you have muscle cramps magnesium will help you!



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## **HEALTH**

## Your eyes are important

take good care of them

## 66 Your sight depends on seeing the right eye doctor at the right time. ""

When it's time to "get your eyes checked," make sure you are seeing the right eye care professional your Ophthalmologists, optometrists and opticians each play an important role in providing eye care to consumers. But the levels of training and expertise are quite different for each type of provider. Here's a quick look at the three types of eye care providers:

An Optometrist is a primary eye care practitioner who will carry out an eye exam and advise you on whether your problem needs medication or spectacles. A standard eye exam includes the check of your eye health and refractive error (determine whether you are long or short sighted).

Additional tests may be carried out depending on your presenting complaints and the practitioner's findings. At the end of a consultation an Optometrist will provide you with a prescription for spectacles or medication. If need be they will refer you to an Ophthalmologist for further care.

An Ophthalmologist is a surgeon who specialises in eye care. They are eye care specialists usually seen by referral either from your General Practitioner Optometrist. However, should you have an emergency you can walk-into their clinics. They attend to the more complex eye conditions which often require long term medical care and/or surgical intervention.

An optician is a health professional who is trained to supply, prepare, and dispense



By Lynett E Masiwa FAOI BSc Hons. Optometry (Ireland) MSc Clinical Optometry (Wales)

optical appliances through interpretation of written prescriptions, after consultation either by Optometrist Ophthalmologist. An optician fits and finishes eyeglass lenses and frames and may also dispense low vision contact lenses, and artificial eyes after taking account of each patient's visual, lifestyle and vocational needs.

If in doubt please do check with the reception staff when making appointment if you are seeing the correct person for your problem.



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## Are you thinking of selling your home?

First Impressions are EVERYTHNG! Take a good look at your property through a stranger's eyes. Is the garden well presented? Is all the rubbish removed and the paths cleared? Give your home the critical eye and it will help you throughout the sales process- here are some things that YOU can do to ensure your home is looking it's best for prospective buyers!

#### Welcome!

Does your home say "welcome"? The potential buyer must be able to see themselves living in the house! Make sure it is inviting!

### Repairs

Fix the leaking taps, paint the patio floor, oil squeaky hinges and windows, repair broken window paints and do fill in minor cracks – all these jobs cost very little and yet may increase your sales price! However, don't carry out any MAJOR expensive repairs without consulting us, at Merctrust, first!Light

The sunshine in Zimbabwe is a great selling point! Open your curtains and let the sunlight in. On the rare day Zimbabwe experiences cloud cover turn on the lights before the prospective purchasers arrive. On a cold winter's day light the fire or turn on the heater. The most important thing is to let the buyer feel comfortable in your house.

## Avoid the Crowds

to avoid Trv having people in the house during inspectionspresence of people can make a room appear smaller and also can uncomfortable for the buyer. Keep the noise level down as distracting and if you have enthusiastic pet keep them locked up whilst the buyer

is looking around- not everyone loves a furry friend or might even be allergic!

#### Leave it to the professionals

Don't get involved in pricing or other transaction conversation during an inspection – after all that is what we are paid for! Team Work







The original fisherman's corner situated upstairs in Arundel Village is now under new management and ownership and has been renamed "Hooked" Fishing Shop and Man Cave. The new owner/manager and well known Zimbabwean fisherman Darren Thornton has many years of experience in the world of base fishing. Darren offers complete service, help and advice to his juniors when customers and selecting the right rod, reel and any of their fishing needs.

Hooked has a large selection of hook, weights (tungsten and lead), swivels, pre-tied trace and lures for tiger. We have an excellent selection of all major fishing brands of rods and reels (Shumano and Kistler) along with a good selection of basic fishing requirements for the fisherman. We have a wide range of brands like Yamamoto, Big Bite, Itty's Secret and McCarthy Bass Baits. There is also a range of knives and Leatherman life jackets, kelp nets and Contigo autoseal mugs.

Darren has a well stocked shop, with a spacious and welcoming environment. Coffee is available for those who would want a cup or for the wives while they wait for their men to look around the shop. If Darren does not have what you require in the shop, he will do his level best to get it for you and in the quickest possible time.



For further information or requirements, contact

Darren: +263 772 419 757 Email: dthorny@zol.co.zw Visit us First Floor Opposite Pick n' Pay Arundel Village



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# of Inspiration Zimbabwe

Although a fairly recent venture (as Inspiration of Zimbabwe was created in early 2014) it enjoys the long standing experience of its associates – Hayley Idensohn and Donald Hondo in the Harare office – both who have managed and operated uncountable FIT, group and MICE events in Southern Africa. There are various other travel associates involved in the business. Between us, we total over 80 years of combined travel experience. On the ground in Victoria Falls, Inspiration of Zimbabwe manages and looks after clients and we are also the booking office for Villa De Vumba self catering lodges in the Eastern Highlands.

Inspiration of Zimbabwe covers travel around Zimbabwe, Southern Africa, East Africa, Mauritius as well as outbound international travel. This includes cruise ships, skiing, Disney visits, Thailand and Asian visits, personalised tours of Europe with some fascinating tours where you are taken off the beaten track to see interesting elements such as clog factories and dairies in Holland, and to meet the locals and have meals in their homes. We also offer history and geography visits of Europe for schools. And much more . . .

The main focus is to offer our clients the benefit of a highly personalised service, entirely tailor made and dedicated to the handling of experientially rich itineraries.

## **INSPIRATION OF ZIMBABWE**

Visit the restaurants in Arundel Village and ask for a Fill In and Win Survey and Quiz form – to be eligible to win a great travel prize such as:

- I week for 2 people in Archipelago Resort, Mozambique (www.archipelago-resort.com)
- 2 nights for 2 people at Rhino Safari Lodge, Matusadona (www.rhinosafaricamp.com)
- 2 nights for 2 people at Aberfoyle Lodge, Honde Valley (www.aberfoyle.com)
- 2 nights for 2 people at Villa De Vumba, Bvumba (www.villadevumba.co.zw)
- I night for 2 at Pamuzinda Lodge, Selous (www.dunhuramambo.com)















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**Bill Gates** 

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Some of Zimbabwe's leading large corporates have implemented Sybrin's Case Management solution for various applications and have enjoyed significant benefits, including:

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# Inside ut

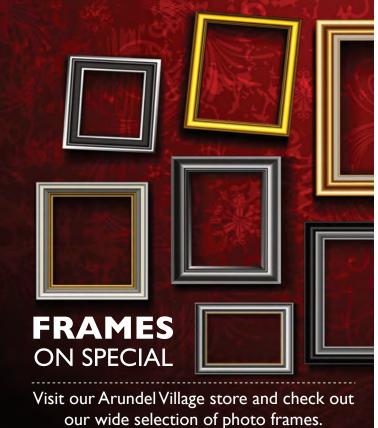
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Walking into a beautifully lit room can be quite a remarkable experience for anyone who is in the slightest bit appreciative of aesthetics. Light can instantly and dramatically set the tone and mood for your day, night and possibly your life too! Psychological research by Edwards and Torcellini on the effect of lighting on the neurologic and endocrine system suggests that adequate lighting can be associated with a feeling of elation (joy) while dark lighting induces feelings of depression. In simple terms, if you want to be happy, add a little more light to your life!

The one place that you probably spend most of your time at home is the living room. It is called the living room for a reason, isn't it? So much of your time is spent in this one room that it is really essential for you to get the lighting just right. One of the best ways to properly light a living room is the use of the modern day candelabra, known as a chandelier.

A chandelier is a large, decorative hanging light with branches for several light bulbs or candles (yes, you can stick candles onto it when ZESA starts "working").

For brilliant lighting, one light is simply not enough. Better three. Or five. Or nine.

When it comes to picking a chandelier that works best, it's not all about how many lights a chandelier can hold. It's also about how the design of the chandelier blends with the overall design of your home as well as your personality. A crystal chandelier would be lovely for a modern and minimalistic living room, whereas a metal chandelier with rope would do wonders for a more medieval atmosphere.



For more info on how you can choose a beautiful lighting setup for your home, visit The Light House at Arundel Village. They always have the latest and trending lighting options, and are known for their specials, discounts and value for money. The Light House is in the main mall, upstairs directly above Glamourize.









#### **EXECUTIVE SPORTS**

Opening hours

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Contact Us

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It's Olympics season again! I can still remember watching the 2012 athletics games. It was Usain Bolt's final race, and another sure victory and gold medal for the Jamaican superstar who has been dubbed "the fastest man alive". It was going to be incredible. I sat on the edge of my seat, bracing myself for the most exciting ten seconds of the year, possibly the decade too. The athletes bent over and pressed their fingers onto the turf of the starting line. I can still remember shaking with excitement as I watched Usain Bolt readying himself.



A few lanes next to him was Yohan Blake, a new and rising Jamaican sprinter who many believed could beat Usain. I knew it was rubbish talk. Surely no man could beat a Bolt of lightning when it came to speed! Suddenly, the official fired his gun to signal the beginning of the race. Before the athletes had even completed the initial lunge, I found myself surrounded by darkness. A micro-second later, my TV went blank. I stared at the dark void in disbelief, and quickly came to the realization that ZESA had done it again! Another very convenient power cut.

The world has evolved into a complex and technologically advanced machine that runs almost entirely on electricity. Somehow, man has discovered that charged particles can be used to bring naturally inanimate objects to life. groundbreaking discovery has led to the development of various technological gadgets, gear and equipment that we have become more and more dependent on to survive. In fact, a task as mundane as ironing a shirt or boiling a jug of water can become quite formidable in the absence of electricity.

Because of our high dependency on electricity, massive structures and systems have been constructed by governments and corporations to generate electricity for entire countries and communities. These include hydro-electric power stations, thermal power stations (which run on coal) and the rising wave of nuclear power plants.

## #GET OFF THE GRID#

#### with Cavendish Lloyd

One might note that man is heavily invested in "unclean" energy solutions. Thermal power leads to the emission of large volumes of smoke into the atmosphere, thereby greatly escalating an area's carbon footprint. This can directly lead to global warming. In the case of nuclear energy solutions, a typical power plant can result in the massive accumulation of radioactive waste that can pose a serious threat to human, animal and plant life. There are entire companies which specialize in the proper disposal of nuclear waste.

At the turn of the 21st century, man has discovered the need to take care of his environment. A general global awareness of the need to be more conscious of the planet has risen and has become a topical issue. Renewable and "clean" energy solutions such as windmills and solar power have become more and more popular as man tries to leave behind a safe and habitable planet for future generations.

#### DID YOU KNO

Britain has undertaken one of the most massive projects in the world, which is the construction of a nuclear power plant called Hinkley Point C. This plant is being constructed by France and funded by China, and is said to be the current biggest project in the world, costing an estimated 23.7 billion dollars.



#### 109 Norfolk Road Arundel Village West

Cell: 0772 240 479 / 0712 588 928 Email: Norbert@cavendishlloyd.com jiayu@cavendishlloyd.com

In the case of Zimbabwe, one isn't exactly spoilt for choice. The decision for one to resort to alternative energy solutions isn't particularly driven by one's globally patriotic urge to save the planet, or to reduce his own contribution to the population's carbon footprint. This decision is driven by a much simpler and more direct motivation - POWER CUTS. The acronym ZESA has now been generally expanded to Zimbabwe Electricity Sometimes Available. Saying ZESA is now synonymous with darkness. The absence of electricity has become so frequent that Zimbabweans are restless when it is there, anxiously awaiting that fateful moment when the lights go out. Only then are the sighs of relief expelled and the dins from generators chortle to life and hum away as they offer some measure of backup power. Let's not even get started on the water crisis.

#### IT'S TIME TO #GET OFF THE GRID#

Just as Germany once reached autarky which is a state of total self sufficiency – one would also wish to become self sufficient in terms of energy and water solutions. Depending on the city to provide constant and consistent water and electricity is like depending on oranges to stop being orange. This, however, is not necessarily a utopian dream, but can be a definite reality. I'm not talking about pink oranges by the way - I can't help you on that one. I'm talking about a constant and consistent supply of energy and water. Cavendish Lloyd Zimbabwe is a new company that has embarked on the #Get Off The Grid# program designed to achieve water and power self sufficiency for households and small businesses. This is enabled by the installation of units to pump borehole water using solar energy charged by solar packs. The system can be operated manually or using an automatic switch.



This year, I am making it a point to have power throughout the Olympic games. I simply cannot afford to miss a single moment. I am looking forward to watching Usain Bolt breaking a few more world records. Since joining the #Get Off The Grid# program, I never worry about not having power or missing a moment of my favourite sports and athletes in action. Being off the grid rocks!



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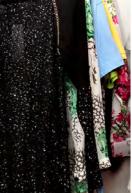


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## Pensioners' Aid

#### With Zimbabwe Charity Alliance Trust

Pensioners' Aid is a charity focusing on pensioners in Zimbabwe who have been left destitute through circumstances beyond their control. They may be ex farmers who were evicted from their farms, people who have lost their savings or pensions through economic collapse, hyper- inflation and devaluation. Many of these people thought that they had made adequate provision for retirement only to discover that their savings were worthless when the Zimbabwe dollar collapsed and the country adopted a multi- currency economy.

Pensioners' Aid is different from other charities in that it does not provide bulk aid but assists individuals according to their needs. Aid is provided in various forms. It might be assistance with medical expenses, frail care fees, retirement home fees, or simply help with living expenses. The charity also works closely with medical practitioners many of whom provide their services freely or at reduced rates.

The charity has a dedicated, professional team who interview and assess each individual who seeks assistance. Those who qualify are given a very personal and discreet service. Beneficiaries are often encouraged and supported in their own homes or nursing homes. The charity has not only saved the lives of countless pensioners but also helped to put dignity back into their lives. The charity supports between 600 and 700 pensioners at any one time but because funds are limited, there is a waiting list of those seeking help. The demand for the services of the charity continues to rise as the economic situation in the country deteriorates.

Whilst much of the funding for this worthwhile cause comes from overseas this has declined over the years and therefore local fundraising has become more necessary in order to meet demand. To this end the Pensioners' Aid charity shop was opened to raise money.

The charity shop is situated in Arundel Village adjacent to Alo Alo restaurant or opposite Sues Boutique. The shop sells quality goods at bargain prices. The shop relies on donations of clothing, china, glassware, books, CD's DVD's, sports-ware etc. which it sells and all proceeds from the shop go to helping destitute pensioners.

Donations of merchandise can be dropped off at the shop which is open Thursdays and Fridays or to the charity office in Chisipite.

For further info regarding the charity please contact the office on 495809 or 0772 513 884 or 0772 262 614. Donations of money can be deposited in the Zimbabwe Charity Alliance bank account at CABS Chisipite Branch Account number 1004052782. Reference Pensioners Aid.





Donations of merchandise can be dropped off at the shop which is open Thursdays and Fridays or to the charity office in Chisipite.







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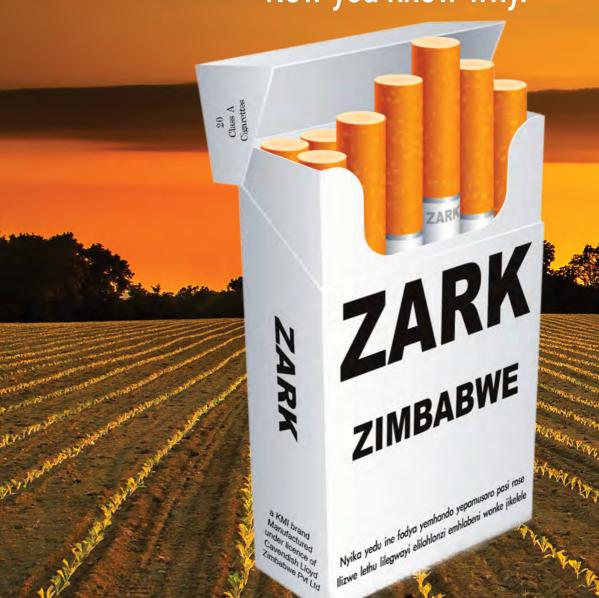


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